**ADHD pathway for primary age children who have interactions with CAMHS via the joint CCS/CAMHS pathway (Community care service/ Child and adolescent mental health service)**

Primary school age child has symptoms of ADHD:

Community Pediatricians gather relevant information: Referral Form (Unified if possible), EHA (early help assessment), Parenting course/input, SEND (special educational needs and disability) involvement and reports, structured Questionnaires (Conner’s and SDQ) and risk assessment.

In the majority of cases the ADHD parent workshop will be the only intervention required.

An appointment will be arranged with the community paediatricians to discuss the QB results with you.

If the problems persist 12 weeks after completion of the workshop and implementation of strategies, your child can be re-referred by the school or GP to request an appointment for medication management of ADHD (this only needs to be a brief request).

Your child will be discharged from CAMHS. A copy of the discharge letter will be sent to the GP, school and community paediatrician.

Parents will be invited to the ADHD parent workshop as a primary intervention. Currently being offered virtually, it includes: what ADHD is, school advice, sleep, medication options and behavioral management.

Parents will get a letter from CPFT to advise that your child is on the waiting list.

Two invitations will be sent, if there is no response then your child will be discharged from CAMHS and this will be communicated to the GP, school and community paediatrician

Child will be placed on the waiting list for an assessment appointment.

If your child is prescribed medication, they will remain open to the CAMHS team for medication reviews.

If ADHD is not suggestive:

No further role for CAMHS.

QB results will be passed back for review and discussion at next joint CCS/CAMHS meeting.

If further information is required for diagnosis then your child will be offered a QB test (objective computer test for ADHD).

Your child will be placed on QB waiting list held by CAMHS. QB test will take place with a CAMHS clinician at the Newtown Centre, Hunts. A letter will be sent to advise that your child is on the waiting list.

Responsibility of care and risk management remains with community pediatricians and they are your main point of contact for advice. If you have any queries regarding your appointment then contact CAMHS.

If ADHD diagnosis is supported…

If a comorbid mental health difficulty is identified and/or information suggests a different neurodevelopmental diagnostic process is also helpful then a CAMHS choice mental health assessment will be offered where a care plan will created.

CAMHS will be responsible for care and risk management once assessed.

This can run alongside the ADHD pathway detailed to the left if appropriate.

**Please note there maybe variations to the pathway depending on clinical need.**

If there is sufficient information to suggest ADHD diagnosis ….

Case is referred for discussion at the joint CCS/CAMHS MDT (multi-disciplinary team) referrals meeting by the community pediatricians. The meetings are held monthly. The purpose of the meeting is to agree next steps.
Several possible outcomes: